



ADDITIONAL DRIVING PRACTICE - Tracking Sheet

Purpose

These additional in-car exercises allow you to continue to practice and apply what you learned during the teenSMART program. They may also help you complete state-mandated practice time to become fully licensed.

Tracking Your Additional Driving Practice

You should have completed at least 3 hours of supervised driving during teenSMART. Fill in the hours completed in the appropriate boxes in the Drive Time Matrix below.

Complete the exercises during the day and, once you feel comfortable, at night. Vary your routes and use a variety of exercises. Make sure you include enough day and night driving practice to meet your state's requirements.

DRIVE TIME MATRIX

Exercises	LOCATION							
	Residential/Suburban		Downtown/Commercial		Highway/Freeway		Rural/Country	
	Day	Night	Day	Night	Day	Night	Day	Night
Hazard Mapping								
Speed & Space								
Risk Perception								
Visual Search & Memory								
What's the Clue?								
Critical Decision Making								
Road Trip								
COLUMN TOTALS:								

	Enter your state's required driving hours for each category	Number of driving hours completed
Supervised Driving Hours – DAY:		
Supervised Driving Hours – NIGHT:		
Total Supervised Driving Hours:		